

RUSELLVILLE MIDDLE SCHOOL

OCTOBER 2-6-2023

MONDAY 2ND

(BREAKFAST) CEREAL BAR, STRING CHEESE, JUICE, MILK

**(LUNCH) CHEESE STICKS, TOSSED SALAD, BAKED
BEAN, FRUIT, COOKIE**

TUESDAY 3RD

(BREAKFAST) STRAWBERRY PASTRY, JUICE MILK

**(LUNCH) HOT HAM AND CHEESE, STEAMED BROCCOLI, CHIPS, FRUIT
COOKIE**

WEDNESDAY 4TH

(LUNCH) HOT POCKET, W.K. CORN TOSSED SALAD FRUIT, COOKIE

(BREAKFAST) BISCUIT, CHICKEN, W.G. CEREAL, MILK, JUICE

THURSDAY 5TH

(LUNCH) HAMBURGER, BAKED FRIES, LETTUCE

TOMATO, PICKLE, FRUIT, COOKIE

(BREAKFAST) BREAKFAST PIZZA, JUICE, MILK

FRIDAY 6TH

(LUNCH) CRISPITO, CHESSE, CHILLI, PINTO BEANS, CORN

BREAD, PUDDING, FRUIT

(BREAKFAST) BISCUIT AND SAUSAGE, W.G. CEREAL, JUICE, MILK